FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

							. ,														
	nd Address of		2. Issuer Name and Ticker or Trading Symbol CIRCOR INTERNATIONAL INC [CIR]										5. Relationship of Reporting Person(s) to Issuer (Check all applicable)								
<u>LADE</u>													X Dire	ctor		10% O	wner				
(Last) (First) (Middle) 25 CORPORATE DRIVE							3. Date of Earliest Transaction (Month/Day/Year) 10/30/2009										er (give title w)		Other (below)	specify	
		4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)											6. Individual or Joint/Group Filing (Check Applicable							
(Street)						monanishing bate of original rinea (monanibaty) real)											Line)				
BURLINGTON MA 01803																	X Form filed by One Reporting Person				
					.									Forn Pers		re tha	ın One Repo	orting			
(City) (State) (Zip)																					
		Tab	le I - Nor	n-Deriv	ative	Sec	curitie	es Ac	quir	red, D	isp	osed	of, or E	ene	eficia	lly Own	ed				
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)						Execution Dat			Code (Instr.			4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)				Benef	ties For cially (D) Following (I) (wnership n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
							С	Code \	/	Amoun	(A)	or	Price	Transa	action(s) 3 and 4)	tion(s)		(30. 4)			
Common	Stock		0/2009	/2009				M		417	117 A		(1)		1,176		D				
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Day	Date,	4. Transactio Code (Inst 8)		5. Nu of Deriv Secu Acqu (A) or Dispo of (D) (Instr	rative rities ired r osed)	Expira	5. Date Exercisable Expiration Date Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)		Owi For Dire or li (I) (I	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exerc	cisable	Ex Da	piration te	Title	or Nu of	ımber						
Restricted Stock Units ⁽¹⁾	(1)	10/30/2009			М			417	(:	(1)		(1)	Common	1 4	417	(1)	416		D		

Explanation of Responses:

1. The Restricted Stock Units (RSUs), the conversion of which is reported herein, were granted to the Reporting Person by the issuer as part of equity incentive grants made by the issuer on 10/31/2007. On that date, the fair market value (FMV) of the issuer's stock was \$49.10. The RSUs vest and are received by the Reporting Person in three equal portions on 11/30/2008, 10/31/2009, 10/31/2010 unless the Reporting Person has previously elected a longer deferral period. This report reflects the vesting of the second one-third of this RSU award and acquisition of the underlying shares. The fair market value of the issuer's common stock on 10/30/2009 (the last business day prior to vesting) is \$27.25.

> By: /s/ Alan J. Glass, attorneyin-fact

11/02/2009

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.