Instruction 1(b)

FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

|              | Washington, D. |            |           |
|--------------|----------------|------------|-----------|
|              |                |            |           |
| STATEMENT OF | CHANGES IN     | BENEFICIAL | OWNERSHIP |

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| OMB APPROVAL        |           |  |  |  |  |  |  |  |
|---------------------|-----------|--|--|--|--|--|--|--|
| OMB Number:         | 3235-0287 |  |  |  |  |  |  |  |
| Estimated average b | urden     |  |  |  |  |  |  |  |
| I to a              | 0.5       |  |  |  |  |  |  |  |

|  |  |                 |  |   |  |  |        |          | _   |  | _    |   |                         |   |  |   |                                       |  |                                       |         |
|--|--|-----------------|--|---|--|--|--------|----------|---|--|------|---|-------------------------|---|--|---|---------------------------------------|--|---------------------------------------|---------|
| Name and Address of Reporting Person*     Goel Amit  |  |                 |  |   | 2. Issuer Name and Ticker or Trading Symbol CIRCOR INTERNATIONAL INC [ CIR ] |  |        |          |   |  |      |   | (Che                    | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director 10% Owner  V Officer (give title Other (specify |  |   |                                       |  |                                       |         |
| (Last) 30 CORI SUITE 2                               | PORATE I   | First)<br>ORIVE | (Middle)   |   | 3. Date of Earliest Transaction (Month/Day/Year) 04/17/2022                  |  |        |          |   |  |      |   |                         | 2   | VP F   | ·   |                                       |  |                                       |         |
| (Street) BURLIN                                      | IGTON M  | N MA 01803      |  |   | -   4. I<br>-  | 4. If Amendment, Date of Original Filed (Month/Day/Year) |        |          |   |  |      |   |                         | Line  | Individual or Joint/Group Filing (Check Applicable ine)  X Form filed by One Reporting Person Form filed by More than One Reporting Person |   |                                       |  |                                       |         |
| (City)   | (  | State)          | (Zip)  |   |  |  |        |          |   |  |      |   |                         |   |  |   |                                       |  |                                       |         |
|  | Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned   |                 |  |   |  |  |        |          |   |  |      |   |                         |   |  |   |                                       |  |                                       |         |
| 1. Title of Security (Instr. 3)  2. TransDate (Month |  |                 |  | action 2A. Deemed Execution Date, if any (Month/Day/Yea |  | te, Transaction Dis<br>Code (Instr. 5)                   |        | Disposed | Securities Acquired (A)<br>sposed Of (D) (Instr. 3, 4 |  |      | 5. Amour<br>Securitie<br>Beneficia<br>Owned F<br>Reported                                       | es<br>ally<br>following | Form<br>(D) o   | : Direct<br>r Indirect<br>str. 4)  | 7. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4)   |                                       |  |                                       |         |
|  |  |                 |  |   |  |  |        |          |   | Code   | v    | Amount  | mount (A) or (D)        |   | Price  | Transact  | Transaction(s)<br>(Instr. 3 and 4)    |  |                                       | (30. 4) |
| Common Stock 04/1                                    |  |                 | 7/202  | 7/2022  |  |  | М      |          | 1,346 A   |  | A    | (1)   | 1,708                   |   |  | D   |                                       |  |                                       |         |
| Common Stock 04/17.                                  |  |                 | 7/202  | 7/2022  |  |  | F      |          | 568 D   |  | (1)  | 1,140   |                         |   | D  |   |                                       |  |                                       |         |
|  | Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) |                 |  |   |  |  |        |          |   |  |      |   |                         |   |  |   |                                       |  |                                       |         |
| 1. Title of<br>Derivative<br>Security<br>(Instr. 3)  | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security  |                 | 3A. Deemed<br>Execution Da<br>if any<br>(Month/Day/Y | Date,   | Pate, Transaction<br>Code (Instr   |  | n of I |          | Ex  | 6. Date Exercisable and<br>Expiration Date<br>(Month/Day/Year) |      | 7. Title and<br>Amount of<br>Securities<br>Underlying<br>Derivative Securit<br>(Instr. 3 and 4) |                         |   | 8. Price of<br>Derivative<br>Security<br>(Instr. 5)  | 9. Number<br>derivative<br>Securities<br>Beneficial<br>Owned<br>Following<br>Reported<br>Transactie<br>(Instr. 4) | Own<br>Forn<br>Director In<br>(I) (Ir | 10.<br>Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr. 4) | Beneficial<br>Ownership<br>(Instr. 4) |         |
|  |  |                 |  |   | Code   | v  | (A)    | (D)      | Dat<br>Exc  | te<br>ercisable  |      | expiration<br>Date  | Title                   | O<br>N  | Amount<br>or<br>lumber<br>of<br>Shares   |   |                                       |  |                                       |         |
| Restricted<br>Stock Unit                             | \$0.00   | 04/17/2022      | 04/17/2  | 022   | M  |  |        | 1,346    | 04/   | /17/2022(  | 1) 0 | 3/17/2031   | Comm                    | on  | 1,346  | \$0.00  | 2,692                                 | 2  | D                                     |         |

## **Explanation of Responses:**

1. The Restricted Stock Units (RSUs), the conversion of which are reported herein, were granted to the Reporting Person by the issuer as part of equity incentive grants made by the issuer on 3/17/2021 utilizing a fair market value (FMV) of a share of the issuers stock of \$39.82. The RSU grant vests in equal portions over a three year period, and are received by the Reporting Person upon vesting, on a one-for-one basis. This report reflects the vesting of one-third portion of the original RSU grant and the acquisition by the Reporting Person of the underlying shares minus sufficient shares withheld to pay applicable income

## Remarks:

/s/ Tanya Dawkins, attorney-in-04/19/2022

fact

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.